Retirees WAInc Retirees Review

Issue 13. Summer 2013

CEO Newsletter Report

I hope you all had a wonderful Christmas and are looking forward to the year ahead as much as I am. I will bring you up to scratch on what is happening at Retirees WA, but more importantly I want to remind you that as a group of seniors, we have a strong political voice. As your representative on the Seniors Ministerial Advisory Council, I can get your concerns to the Minister for Seniors. So please, if you have something that we can work on to make the lives of seniors easier, give me a call or drop me an email or letter. I really do want to make Retirees WA (with 80 years of history) relevant to our members today and to get your voice heard. I consider that to be the single most important part of my role.



Our organisation purchased a block in Collie in December which we hope to have rezoned for a retirement village in the future. Collie is a very pretty town and our research suggests that there are many retired farmers from surrounding districts who would like to retire there. It is quite difficult for our farmers to purchase a retirement home as they cannot sell their existing home which is part of the farm and is often given over to the next generation of farmers. We hope we can make things easier for them by providing affordable housing. Our other property projects are moving ahead with the Community Centre at Joseph Banks village in Canning Vale nearing completion and the detailed drawings for the Geraldton village being finalised.

This is an election year for Retirees WA when all of the positions on the Board, including President, Vice President, Deputy Vice President and Committee members become vacant. You only have to look at the success of Retirees WA over the last few years to see what an incredible group of people have made up the Board. I congratulate them all and thank them for their work (all voluntary) and sincerely hope to see some or all of these very professional people put their hands up for another term.

We have already had some incredibly hot days and summer is not over. I urge you to prepare a bushfire survival plan, particularly our country members, if you haven't already done so. FESA have an excellent booklet called "Prepare. Act. Survive" so please get a copy by calling them on 1300 657 209 or look for information on www.fesa.wa.gov.au.

I finish this report by asking our members to consider doing three things that would be so positive for this organisation:

- 1. Join a branch or start up a new one in your area (with our help)
- 2. If you are a member of a branch be helpful, positive and have a go take up a position or share a position with another member.
- 3. Do not whinge, whine or be negative and unhelpful to those that are doing their best to make the branch work. There is nothing worse than being constantly criticised when you have volunteered for a job. A bit of praise goes a long way.

I wish each and every one of you some cooler days and a prosperous and happy 2013.

Margaret Thomas (JP B Comm CPA LMusA) CEO/CFO Retirees WA **Constitution Changes** Page 9

President's Message

Membership &

Property Report

Branches

Page 4 - 5

Page 7

Page 2

Travel Club Page 10

Retirees WA Inc. Suite 2/915 Albany Highway East Victoria Park 6101 Ph: 9362 0100 - Fax: 9355 1923 - www.retireeswa.com.au



Retirees WA State President Nita Sadler

Welcome to 2013, and I sincerely hope you all enjoy a Happy Healthy and Prosperous Year.

I am so looking forward to working with you, and all our great staff including those wonderful volunteers who so freely give up their time to serve others. I can think of no better self satisfaction than helping

other people, especially when they are so grateful for just the smallest bit of help. In some respects, almost all members of our branches can claim the label of "Volunteer", from the lady who makes the tea every week, to the man who helps to set up the tables, from the person who sells the raffle tickets, to the one who picks up a member on the way (and that's not even counting the members of the various Branch Committees). Each and every one of you plays a vital and major role in helping others.

You will have heard me chatting to Jenny Seaton, one of our, much treasured, Honorary Life Members, and Presenter on Curtin Radio (100.1fm) on the importance we at Retirees W.A. place on our volunteers, and how much some people rely on volunteers to help them through their daily, and sometimes lonely lives. Bob, our Bus Driver, who puts hours and hours in voluntarily driving our bus, needed a break from his heavy work load, and I called out on Curtin Radio for a volunteer bus driver. We had several responses, and Bob can now slow down a bit with the pressure eased from our volunteers. Sharing the load is of major importance, and I can refer you to my Mum's old adage, which I am sure you are all familiar with, "A trouble shared is a trouble halved". Remember this when you see the same people coming forward every time, to do the same jobs. Offer to "share the load", and although not necessarily a chore, it can be quite enjoyable. Sharing it all out, no matter how small the job, makes it easier all round, and our branches would be grateful for the help, I am sure.

I hope you will all take advantage of our "BUY TWO GET ONE FREE" promotion this year, and by introducing two new members to get your own membership free! I think this can be great fun, just seeing which, and how many members can achieve this. You can even juggle amongst yourselves by getting three new members and "adding" one to someone else's list to help them out. What an incentive! In fact I have just had a thought; How about I give a Personal President's Prize of \$50 to the member who gets the most new members?!!!

Brian at Head Office will keep track of this by recording all the new members, so go for it!

Sounds like a fun year, and I look forward to your invitations to visit various branches, and catch up with you in 2013. Take care. Nita

RETIREES WA IS HAVING A SALE! Buy two get one free!

Any member bringing in two new members, gets their membership free for the year.

Please call Brian on 9362 0191 or email brian@retireeswa.com.au to find out more information or to

join up your new members.

Do you still want this newsletter?

If you no longer want to receive this newsletter please let us know as the money for printing and postage could be used for other things to benefit our members.

RETIREES WA IS NOW ON FACEBOOK!



In times like these, where every dollar counts, take time out and read about the benefits available to our members. Every dollar is important to you. Retirees WA are neither funeral directors nor an insurance company. We work in conjunction with WAFDA and independant funeral directors in Western Australia to get the best price for our members.

Uneasy as it may seem... we are all going to need a funeral some day...it's reality.

For less than \$3,000 you are covered for the following:

- A private vehicle for removal of deceased from place of death to Funeral Directors Parlour in normal working hours.
- Preparation of deceased for burial or cremation.
- A standard sized coffin of good material mounted with four handles and a name plate and internally trimmed with basic drapery.
- Use of Funeral Director's chapel for "viewing"

and/or 'funeral service'.

- A hearse to carry the deceased member's remains to the cemetery.
- Procuration of Death Certificate (but not the cost of the Certificate).

For existing members:



Henrietta de Sa **Funeral Fund**

Your next funeral fund invoice will be sent out in July 2013.

I am happy to see so many new members join the fund. Do not forget to let your family and friends know about the fund. This was one of the best decisions you've made.

Call Henrietta at Retirees WA on 9362 0100

liquorbarons.

Cheers WA!

Retirees WA Inc

Any Retirees WA member that signs up to be a Barons Advantage Club member will receive a complimentary bottle of Stoneberry White or Red on joining.

Stoneberry Premium White A classic dry white if you like, this has all the attributes of a new white wine from premium quality grapes grown in our south west. Pale straw in colour, it has a nose loaded with tropical full, citrus and ripe melon. The palate follows the nose closely and is a mouthful of freshlydiced fruit salad flavours and textures and it extends to a glorious crisp finish.

Stoneberry Premium Red

Brilliant ruby colour with a lifted sweet-fruited nose of ripe red berries and spicy oak. The palate is a wonderful balance of juicy fruit textures, silky tannins, good length and has a seductive closure. A clever blend from the south west of WA and from an excellent red wine vintage. Drinks so well at present, you'll find it hard to store some for later consumption.

Conditions

For Retirees WA members to receive their complimentary bottle of wine, on joining in-store they must; Provide a valid Retirees WA membership card

Provide a valid email address

liquorbarons

- Join in-store (this offer is not available for memberships signed up via the Liquor Barons web-site) 3
- Be a new member to the Liquor Barons Advantage Club (this offer is not valid for Retirees WA Members that are already part of the Barons Advantage Club)

IF MY BODY WERE A CAR

If my body were a car, this is the time I would be thinking about trading it in for a newer model.

I've got bumps and dents and scratches in my finish and my paint job is getting a little dull, but that's not the worst of it.

My headlights are out of focus and it's especially hard to see things up close.

My traction is not as great as it once was. I slip and slide and skid and bump into things even in the best of weather.

My whitewalls are stained with varicose veins.

It takes me hours to reach my maximum speed.

My fuel burns inefficiently.

But here's the worst of it ...

Almost everytime I sneeze, cough or splutter.. either my radiator leaks or my exhaust backfires.



Hi Everyone. Here we are in 2013. Where on earth did 2012 go? As we get older (or younger as some like to put it) time certainly flies. Over the last 12 months the Retirees WA family grew by 251 members which is very pleasing.

Recently I was informed that 2 office bearers at one of our country branches will not be standing for re-election in July. The branch members have been informed at their monthly meetings. The office bearers concerned hold very important positions within the branch and have done so for some 4 or 5 years. They feel that they have done their time.

It is essential that other members of the branch step up to take on their positions as without them the branch would have to close. So come on members, please do your "bit" to keep your branch running and enjoy the friendship and fellowship.

All members are urged to support the companies and businesses that are offering discounts to Retirees WA members. These are detailed in this edition of the Retirees Review. We hope we are able to add to these in the July edition.

The Social Club has arranged 2 great day trips (detailed in this edition) one in April and one in June. I suggest that you book to secure your seats as soon as possible as the last 2 outings were sell-outs. Just call the office and speak to Judy or Nina.

From the feedback I've received from the branches, they all seem to be travelling well and their members are really enjoying the companionship and activities conducted at the various branches.

Finally best wishes to all RWA members and I trust that 2013 will be a great year for you.

Brian

Benefits of being a member of Retirees WA

Branches

Although its not compulsory to be a member of a branch, members enjoy companionship, trips, entertainment, new friends, fun, keynote speakers on topics of great interest, and it prevents social isolation.

Funeral Fund

Exclusive fund (not insurance) available to members only. Every cent paid in by a member belongs to the member. A one off non refundable administration fee of \$70 is charged only to set up the contract. For less than \$3000 the funeral contract covers: removal of remains from place of death, use of funeral parlour for service or viewing, choice of funeral director, and quality coffin.

Villages

Retirees WA have villages throughout the state and units are purchased on a "lease for life" basis.

Joseph Banks Aged Care Facility

This is a state of the art, fully accredited, highly regarded aged care facility located in Canning Vale.

Advice for Members

Access to Head Office for help with any concerns and refferals to appropriate departments of government.

Representation at State Level

Representation of the organisation at the Seniors Ministerial Advisory Council by our CEO Margaret Thomas, where Members and all senior's concerns are voiced at state level

Financial Advice

Financial advice is available to our members by an expert financial advisor – details from head office

Social Club

The social club organises many trips, shows and functions throughout the year at discounted prices for members

Discounts

Liquor Barons - Bed and Breakfasts - Cash and Carry

Travel

Dave Ahlhauser from Jetset Midland will help members completely plan their holiday, both interstate and overseas, plus give a great deal on these travel plans.

HAPPY 80th BIRJHDAY

On Thursday 14th February 2013 the Midland Branch and members celebrate 80 years.

A "posh" 80th anniversary function is being held at the 7th Avenue Bistro in Midland.

Midland Branch is our oldest branch with the 2nd largest membership. It is one of the most active branches as it meets every week and is extremely well run by a great team of office bearers and committee.

Congratulations Midland!

<u>NEWS FROM SOME OF OUR BRANCHES</u> If you're interested in joining any of our branches please call head office on 9362 0100

Innaloo Branch

The Innaloo Branch celebrated their 40th Birthday on Monday 19th November 2012 with a lunch at the Chinese Restaurant in Morris Place Innaloo after which we adjourned to our community hall for tea, coffee and a special cake, made for the occasion.

Henrietta DeSa was our special guest from headquarters and she was able to meet and talk to some of our new members who were not here when she last visited our branch. The weather was fine and a very pleasant day was had by all. Many members attended the branch on Monday 26th and played bingo, then had a very nice afternoon tea. A birthday cake was cut to celebrate the birthdays of R. Brooks and Stan Hadisty.

Tuart Hill Branch

We had a very successful, fun-filled Melbourne Cup day. The bus trip to Borello's Cheese Factory, Decadence Chocolate Factory and a Strawberry Farm, was complimented with a picnic lunch on the Mandurah Foreshore. A Christmas luncheon was held at the Mighty Quinn Tavern.

Bindoon Branch

The fashion parade held in October was a huge success. We went Ten Pin Bowling at Joondalup at the end of November. Christmas lunch day was on the 6th December at Moore River and the Branch wind up went well and we invited the Bullsbrook Seniors to join up with us.

Midland Branch

We had a free scenic trip on the 1st November with "Go On A Bus" Lunch at Cicerellos Mandurah and a lovely scenic trip home. Our wind up was on the 6th December at the 7th Ave Tavern in Midland with Peter Williams Music and Father Christmas from the North Pole with his bag of sweets.

Carlisle Branch

The branch made a sizable donation to the charity Bartholomew House towards Christmas hampers for the elderly. We made a point of fundraising for the seniors that Bartholomew house support. The Lathlain School Choir is coming to perform after our last meeting for the year.

WA MUSEUM VOLUNTEERS

The WA Museum relies very heavily on volunteers to assist museum visitors and staff. There are four areas of the Maritime Museum which are currently offering volunteer positions;

• Marine Engine Operators- The Robert Steele Museum houses a wide range of historical working steam engines and the volunteers in this area maintain these engines and offer information in a one on one basis to visitors. These volunteer positions would suit men with an engineering or mechanical background.

• Submarine Volunteer Tour Guides- The Oberon class HMAS Ovens Submarine is a big draw card to the Maritime Museum and a dedicated group of volunteers take groups of 10 visitors through the submarine and the 100 year old slipway. These volunteer positions would suit those with an interest in Naval History and an adventurous spirit!

• Education Volunteers – these positions are based in the historical Shipwrecks galleries and the Maritime Museum. The education sector of the museum offers school and community group tours. They also assist our education staff run school workshops and community lectures. These positions would suit students with a general interest in Australian History and shipwrecks of the WA Coastline.

• Specialised history and conservation position- please contact us for more information on these specialised positions.

There are many opportunities for retirees to become involved with the Museum and part of a friendly team of volunteers. No experience is necessary as all training is provided and there are many benefits of joining the Museum as a volunteer including an annual free family pass, free membership to the Friends of the WA Museum and all uniforms are provided free of charge. The applicants must be reasonable fit for the submarine positions and all applicants are asked to commit to two days per month.

You can call Anna Micha on 94318325 to discuss the volunteer positions or for more information.

MEMBER DISCOUNTS

Retirees have been busy rounding up some great deals for members. Firstly Liquor Barons have a great deal on offer. If you are not a member yet then head on down to your nearest store and sign up. It's free to join. Just show your retirees membership card when joining and they will present you with a complimentary bottle of Stoneberry White or Red wine This is an exclusive wine to Liquor Barons and is made right here in the west from Margaret River grapes. Of course once you are a member you will receive lots of advantages. Each time you purchase any goods you will receive reward points which are redeemable for cash to spend on your favourite drop. Some conditions apply see the advertisement on page 3.

Discount Accommodation available to current Retirees members

Black Wattle Retreat B & B 248 Black Wattle Road Toodyay

\$99.00 per couple per night Monday – Thursday and this also includes a delicious continental breakfast each morning of your stay

Contact Linda Burke on 95744086 Website <u>www.blackwattleretreat.com.au</u> Email <u>blackwattleretreat@westnet.com.au</u>

Ford House Bridgetown B&B Eedle Terrace Bridgetown

This B & B is offering a 10% discount on their rates for Retirees members or a stay 4 pay 3 deal. This includes a cooked breakfast

Contact Jenny or Ken Rotman on 97611816. Email <u>relax@fordhouse.com</u> Website <u>www.fordhouse.com</u>

Glenhaven B & B 25 Browne Road Pemberton

Just \$135.00 per couple will get you a bed, cooked breakfast, and complimentary glass of sherry before dinner and port at bedtime. \$95.00 for single room

Contact Jim and Jackie Merriman on 97760028 Website <u>www.glenhaven.mysouth.com.au</u>

Email glenhaven@wn.com.au

The Blue House B&B Lot 109 Barrakup Road Nannup

Double room or twin room. Both rooms share a separate toilet and bathroom. The rate for 2 people is \$220.00 for 3 nights which means you're only paying for 2 nights and it includes continental breakfast & queen room with ensuite. A 2 night booking receives complimentary cooked breakfast and a bottle of award winning Nannup Ridge wine.

Rate \$240.00 for the 2 nights Contact Michael and Susan Pickup 97563091

Website <u>www.bluehousenannup.com.au</u>

Email info@bluehousenannup.com.au

<u>Banksia Farm</u>

During the months of September/October and the Easter break Banksia Farm is offering bed and cooked breakfast for 2 and a complimentary wildflower tour for \$165.00 per night. They also offer a pay 3 stay 4 other times during the year when the rates are between \$120.00 and \$135.00 Contact Kevin and Cathy Collins 98511770 Website <u>www.banksiafarm.com.au</u> Email <u>banksia@comswest.net.au</u>

Tippytop Bed and Breakfast 57 Panorama Drive Preston Beach

Tippytop are offering all Retirees members a 10% discount. Their rates include a cooked breakfast. The discount does not apply between 1st December and 30th March or any long weekends

Contact Judy Carroll 0408952122 Website <u>www.tippytopatpreston.com</u> Email <u>tippytop@oceanbroadband.net</u>

Ipswich View Bed and Breakfast Lot 45 Folewood Road Toodyay

Double B&B \$100.00 a saving of \$20.00 per night. Stay for 2 nights \$180.00 a saving of \$60.00. Dinner B&B one night \$200.00. This is a huge saving for our members. You also have free use of tennis court and pool and all rooms have their own ensuite.

Contact Alan and Bonnie 95744038

Hillside Country Retreat York

Offering a minimum 2 night stay midweek in our fully self contained cottages for 2 people for \$130.00 per night . Dogs are also welcome at Hillside and they can even sleep inside. Contact Joy and Andrew 96411065 Website www.hillsideretreat.com.au Email info@hillsideretreat.com.au

Riverview Tourist Park 8 Wilmott Avenue Margaret River

Offering a 10% discount to members. Accomodation includes self contained cabins & caravan sites with some ensuites. Anyone who stays is also entitled to a 20% discount on Cheers Wine Tours which brings the price down to \$72.00 Phone: 97572270 or 1300 666 105 Website www.riverviewtouristpark.com.au Email info@riverviewtouristpark.com.au

Rosewood Guest House 54 Wallcliffe Road Margaret River

10% discount on nightly rates for stays Sunday to Thursday until Dec 2013 excluding public holidays. Membership card must be shown when booking in.

Contact Jane or Keith on 97572845 Website <u>www.rosewoodguesthouse.com.au</u> Email <u>info@rosewoodguesthouse.com.au</u>

CASH & CARRY

Retirees WA have arranged with Metcash Food and Grocery (formally F.A.L.) for members of RWA to shop at any of their outlets, for fresh food & groceries. They are located in Canning Vale, Balcatta, Kewdale or Bunbury. You must produce your membership at the door. Entry will not be given without it. If you attend a branch why not get together and bulk buy. Or you can shop alone. There are huge savings to be made.

Store Locations:

Balcatta 8 Geddes Street Ph: 93447411

Canning Vale

Baile Road Ph: 93116222



Welcome to the start of a new phase in your life. Retirement....

Maybe you're thinking of downsizing or would just like to live in a friendly community atmosphere, why not contact Retirees WA which has villages from Busselton to Duncraig and with new developments in the future in Geraldton and Collie. Our latest village is in the process of construction in Canning Vale. This Village will consist of 78 Units on completion with a Clubhouse to impress. There are only about 30 units still available so please contact Retirees WA if you are interested in having a look.

The clubhouse is nearly completed and we are looking forward to it opening and being used by all the residents of the village.

Upon completion the Clubhouse will have a:

- Hydrotherapy Pool
- Sauna
- Gymnasium
- Theatre
- Library
- Craft Room

- Computer Room
- Residents Workshop
- Kitchen
- Snooker table
- Lounge / Bar Area.
- Walk-in Baths

All of our units consist of open plan living, 2 bedrooms with built in robes, 1 bathroom, private court yards. They are stamp duty and rates exempt and have very low monthly maintenance fees.

Units that are available now or will be available soon are:

- 10 Anstruther Road Mandurah
- 69-71 Barnes Street Innaloo
- 62-64 Sutton Street Mandurah
- 16-22 Moore Street Busselton
- 2 Keals Close Bentley

14-18 Skewes Street Bunbury10 Francisco Street Rivervale2 Camberwell Road Balga58 Canna Drive CanningVale

If you would like any further information please contact Ronnie on 9362 0114 or 0405 534 713 or email ronnie@retireeswa.com.au

Member's Cookbook

The Retirees WA cookbook contains over 130 recipes that are a collection of contributions from our members. The book costs \$10 and can be picked

up from head office or postage will be \$1.80 per book. Please call head office on 9362 0100 to order yours now.



Member's Cookbook 2010

SENIORS FAYRE 2012

Only \$10.00

For over 130 recipes (+\$1.80 postage for one book)

We had the largest Seniors Fayre ever held in the Shire of Kalamunda, during Seniors Week, and completely facilitated by our Forrestfield Branch, with our Bindoon Branch also playing an active role. Over 2,000 people went through and the whole Community Centre was alive with arts, crafts, information stalls, bring and buy, etc. plus entertainment by local school choirs, and Hays Antiques giving free valuations of old trinkets ect. It was extremely rewarding for our members and well worth the effort. Head Office had an information stall with Henrietta, and our CEO Margaret Thomas talking to interested seniors wanting to know more about our organisation.



Awards 2012

<u>Retirees WA Life Membership</u> - Nita Sadler

- David Sadler

Honorary Life Membership

- Jenny Seaton

Branch Life Membership

- Mandurah Branch - Shirley Abbott

Meritorious Award

- Tuart Hill Josie Carbone
- Tuart Hill Sadie Weir



If you listen to Curtin Radio 100.1 FM at **1.20pm every Tuesday** you will find out important information about what is going on at Retirees WA.

You will hear from our President Nita Sadler or various other people associated with Retirees WA.

You can find out about some of our villages, the Joseph Banks aged care facility and other information about membership.

Changes in the Retirees WA Constitution

The Department of Commerce, strongly recommends that Retirees WA (Inc) amend its constitution to protect members privacy and change the word 'Honorariums' to 'salary' to satisfy the requirements of the "Associations Incorporation Act".

The Constitutional Review Committee with the approval of the Board propose the following changes to the constitution:

7.1 KEEPING THE REGISTER

- (a) The CEO shall keep and maintain a Register of all Members at the Principal Office.
- (b) The Register must contain:
 - (i) the full name of each Member;
 - (ii) the residential address of each Member;
 - -(iii) the date on which the person became a Member;-
 - -(iv) the date and reason for the Membership ending; and-
 - (v) any other details the Board decides.

9.7 REMUNERATION OF BOARD MEMBERS

Board Members may not receive remuneration for their services as Board Members, except:

a. the President, Vice President and Deputy Vice President may receive a salary an-honorarium, the amount to be determined from time to time by the Board, in consultation with the CEO and CFO; and

If any of our members have a problem with the change of word, please give Retirees WA a call on **(08) 9362 0100** latest close of business hours, 18 February 2012.



retirees funeral website facebook membership discounts cookbook bus travel Josephbanks branch social friends village property

Planning a Holiday? Give our Travel Club a go!

Hi there, my name's Dave Ahlhauser & I am the Sales Director of Jetset Travel Midland. We are a Multi Award Winning Agency, including Jetset State Office of the Year for the last 5 years. We pride ourselves with offering our customers exceptional service by our friendly and professional team.



Jetset Travel 오

Know the world we know

We are here to organise personalised holidays to any destination locally, intersate and overseas for all of the Retirees WA members at the best possible price. We aim to plan every step of your journey from pickups to the airport, insurance and any other requests you may have.

We are also cruising specialists and our team has a combined experience of over 130 years. Our office is located at Midland Gate Shopping Centre (Lloyd Street Car Park Entrance). So when you are next looking at getting away give myself or my great team a call on: **(08) 9459 4387** or email: **sales@jetset-midland.com.au**



Jetset Travel Midland

Shop 16 Midland Gate Shopping Centre Brockman Rd, Midland Call **08 92745866** or visit **www.jetset.com.au/midland**

Figure 1 Second Control of the second control control of the second control of the secon

Bus

Retirees WA has a bus available for hire. It seats 21 adults or 19 with provision for 2 wheelchairs. It has air conditioning and seat belts. It has a PA system for the driver to communicate with passengers and a wide aisle for easy movement around the bus. The rear of the bus has a wheelchair lift.

We have volunteer bus drivers who can drive you to your destination when hired. Bob has been driving the bus for many years and we have a new driver named Ken who is sharing the driving.

The bus can also be hired.

- Is available 7 days a week
- Voluntary bus driver provided
- Seats 21 people
- Has wheelchair access



\$50 per half day \$100 per full day

PLUS \$1.00 per km

SOCIAL CLUB CALENDAR FOR 2013

A Fishy Affair

Date: Monday 8th April 2013 Time: 9:00am Pick up: Wellington Street Tour Bus Stand Cost: \$60.00 Fish and Chips or \$65.00 Crayfish

We leave Perth travelling North on our way to the Bay of Lancelin.

We will stop on the way up for a scrumptious morning tea. Once we arrive in Lancelin you can enjoy Fish N Chips & Salad & Dessert, Tea/Coffee or pay an extra \$5.00 and enjoy Half a Crayfish, Salad, Dessert, Tea/Coffee

You'll have time but not too much to look around Lancelin before we head back to Perth with a couple of surprises on the way.

Tivoli Club of WA Singing and Dancing Comedy

Cnr Canning Beach Road & Kintail Road Applecross. (Opposite the Raffles Hotel)

Date: Sunday 19th May 2013 Time: 12 noon – doors open at 11.30

You can either make your own way there, or be picked up by the Retirees WA Bus either at Midland 10.30am or Wellington Street Tour Bus Stand 11:30am.

Show Price includes: Chicken and Chips, Cheese and Biscuits, Tea & Coffee. BYO Alcohol and Glasses. Soft Drinks on Sale.

Show Prices are: Adults - \$18 Concession - \$15 Children - \$8 (Tickets are to be paid for at the time of booking.)

Avondale Working Farm

Date: Monday 17th June 2013 Time: 9:00am Pick Up: Wellington Street Tour Bus Stand or 9.30am Midland Train Station Cost: \$65.00 per head

On leaving Perth and Midland we travel through the picturesque Darling Scarp on our way to the Avon Valley with a stop for morning tea at a mystery location. After morning tea we continue on our way and arrive at Avondale Farm in Beverley. We will enjoy a traditional farmhouse roast meal. After lunch we will tour the farm to see how an actual farm works. At the conclusion of the tour we will board our coach and head back to Perth. Time permitting we will have a stop on the way home

For bookings please call Reception 9362 0100 or Social Club 9362 0102 (Mondays & Tuesdays)

Of course this can be doubled to feed 2.

Mediterranean Pizza

Ingredients

- 1 × 13Cm fresh pizza base
- 1 tbs passata (tomato pasta sauce)
- $1/2 \times 95g$ Can tuna in brine, drained
- 1/4 small red Capsicum, halved, deseeded, Cut into thin strips
- 3 kalamata olives, pitted
- 30g (1/4 Cup) Coarsely grated pizza Cheese (mix of mozzarella and Cheddar)
- 4 fresh basil leaves

Method

- 1. Preheat oven to 220°C. Place pizza base on a baking tray.
- 2. Spoon passata among pizza base. Use the back of a spoon to evenly spread passata over pizza base.
- 3. Break tuna into Chunks. Top the pizza with tuna, CapsiCum and olives. Sprinkle pizzas with Cheese mixture.
- 4. Bake in oven for 10 minutes or until Cheese is bubbling and melted. Remove from oven. Transfer to a plate and set aside for 5 minutes to Cool. Sprinkle with basil to serve.



DATES TO REMEMBER

8th April 2013

Day trip to Lancelin Bay including lunch

19th May 2013

Tivoli Club of WA – Singing and dancing comedy

17th June 2013

Day trip to Avondale Working Farm - Beverley

27th September 2013

Retirees WA Annual Congress

12th November 2013 Retirees WA Seniors Fayre

13th November 2013

"Have a Go" Day – Burswood Park



Retirees WA Branches

Please call head office to find the closest branch to you.

